

*YFT is a Beacon of Light*



**ANNUAL REPORT 2020**



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*"The key to a well-led life lies in the extent to which we help others. It is our enduring legacy."*

**Joe Gibbs, Youth For Tomorrow Founder**



# A Message from the CEO

Dr. Gary L. Jones



Challenging times require resilient people to step forward.

The year 2020 was the most challenging ever faced by Youth For Tomorrow in our 34-year history of serving children and families in crisis.

COVID-19 became an obstacle to everything we did, but we were unwavering in our commitment to the Lord and to those we serve. We came to work every day and night – the alternative was to close our doors. **NOT AN OPTION! Instead, we found innovative ways to achieve our goals and, as a result, we are programmatically stronger and, spiritually more resolute than ever.**

But like a deadly tornado or hurricane that leaves lives and brokenness in its wake, COVID has left a devastating swath of trauma inflicted upon individuals and families, the likes never before experienced in our lifetimes. Anxiety and depression have become widespread. Substance abuse has captured new victims and behavioral health problems in the community have spread like a plague. Isolation, jobs lost, businesses closed, illness and loss of loved ones have brought many to the breaking point.

America already had a mental health problem in our communities. COVID has made it much worse. It has become prominent in once stable families. It has created a demand for mental health services our communities were ill-prepared to meet.

A CDC study said:

- More than 40% of adults reported anxiety disorder, depression, new or increased substance abuse and suicide ideation.
- More than one-quarter of young adults, more than 30% of unpaid caregivers and almost 22% of essential workers seriously considered suicide.

These are heartrending and alarming statistics.

Youth For Tomorrow is striving to keep up with the need. Our successful tele-health programs are at capacity in each of YFT's six Behavioral Health Regional Offices. Currently, YFT is serving a record breaking 2,544 counseling sessions per month with over 1,833 individuals and families in treatment. This does not even include the hundreds of family members impacted by the clinical services to their children nor does it include many individuals who came to the office, and, after an assessment, were considered at imminent risk of overdose or suicide so were sent directly for hospitalization.

YFT serves at the front lines. We see firsthand desperation and tragedy.

- In March, we had to transition our six YFT behavioral outpatient Regional Offices from in-office counseling sessions to out-of-office counseling through tele-health technology. Our BHS team of 25 clinicians was led by Vice President for Behavioral Health Services Carl Street, who performed a remarkable transformation. Within two weeks, we were offering complete clinical sessions virtually. Of the 27,389 counseling sessions conducted in 2020, an amazing 21,417 were Tele-Behavioral Health online sessions.
- Pandemic restrictions created extra anxiety and tensions among the hundreds of children who lived on our campus during 2020. Our professional, devoted staff members innovated new activities to keep our residents active and healthy, and at the same time, motivated to deal with the behavioral and education issues that brought them to YFT.

Youth For Tomorrow knows how to address the needs of community and the extra burdens caused by the pandemic. We need all hands and hearts to come together to create the capacity to do it.

We are proud of what our staff achieved in 2020. Our theme for this annual report is *"YFT Is a Beacon of Light"* during the pervasive darkness so prevalent the past year.

In this Annual Report, you will read how each of our program areas overcame obstacles and adjusted to life in the time of the COVID-19 pandemic. At YFT, we are familiar with darkness, as innocent young people come to us having experienced truly unspeakable traumas. But even in these difficult times, darkness does not have the last word. Faith, hope and love will prevail.

The “normal” pressures of our work continued as well. We had innocent female victims referred to our care when the FBI broke up a sex trafficking ring in the U.S. Another example – more than 240 unaccompanied immigrant minor children were sent to us needing shelter, counseling and help finding a permanent home.

When we had an outbreak of COVID cases in July, some dedicated nurses and staff, led by our Health Coordinator Tanya Reynolds, volunteered to stay on the campus and even in the homes with the infected children. We are deeply grateful for these courageous and selfless staff members who volunteered for these assignments.

Some generous donors found unique ways to assist YFT:

- Trustee Cecil Pruitt furnished thousands of masks.
- Trustee Andy Campanaro donated grills to each of our 11 homes.
- Trustees Ed Laukes and Ken Shepherd donated a Toyota Venza for a raffle.

A special thanks also goes to some who have given six-figure gifts:

Trustees:

- Cyndi Butler
- Brit Hume
- Patsy Norton
- Jon Peterson
- Cecil Pruitt

Philanthropist:

- Donald Graham

Our fundraising efforts were jeopardized when we could not hold some of our special events. Our Vice President for Development and Public Relations, Love Jones, innovated intriguing online virtual events to fill the gap.

I am profoundly proud of all our professional and devoted staff members. Our staff is diverse, a majority are people of color (64%) and female (65%). Approximately 40% of our staff is bilingual. Our job is not easy in normal times, and 2020 could have forced unprecedented hardships – financial and programmatic – upon us. But, we persevered because of the Lord’s grace, our staff’s commitment and dedication to saving lives. Improvisation has led to new ways of doing things.

The pandemic has left much damage in its wake. Nevertheless, miracles are possible because of God’s saving grace and the generosity and love of wonderful friends and donors like you.

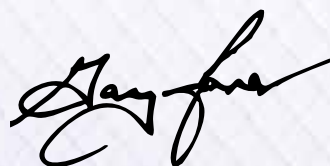
I give thanks each day for the Lord’s wisdom and grace in all we do.

I am mindful that without the Lord and without you, we could not do what we do – save souls and redirect the lives of children that others thought were not worth saving. Families literally gave up on their own children. But not YFT – and, of course, the Lord.

Your generous support of our mission has enabled us to keep the lights on and our children safe and fed.

And thank you for keeping Youth For Tomorrow, our children and staff in your prayers during these difficult times.

We can’t enjoy the harvest without sowing the seeds.



Gary L. Jones, Ph.D.

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***Whatsoever you do for the least of mine,  
brothers & sisters, you do for Me.***

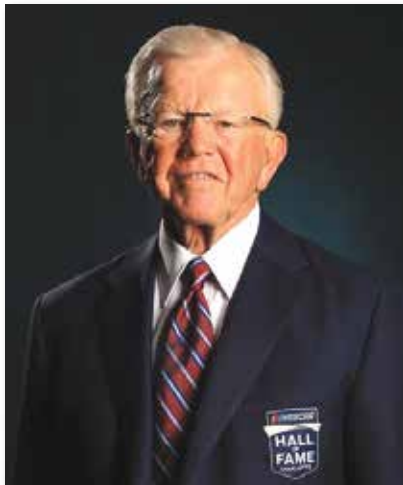
(Matthew 25:40)

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# A Message from YFT Founder and Chairman

Joe Gibbs



In this challenging year, I am more than ever filled with appreciation for everyone at Youth For Tomorrow. Even in the face of unprecedented challenges, Gary Jones, the Leadership Team and the talented and dedicated staff

have provided steady leadership and even created new ways to provide life-changing services. Donors and volunteers have stepped up with their time and resources. Because of all of you, YFT continues to be the beacon of hope to thousands each year.

God's hand has always been on this program. Youth For Tomorrow changes people's lives. It is amazing to think when we opened the youth home with four boys more than 30 years ago, it would

lead to helping more than 30,000 young people, adults, and families. I think about how so many people have been turned around from living awful lives, have committed their lives to Christ and have had children and grandchildren whose lives are forever changed because of YFT. It is one of the most rewarding things I've ever been a part of.

This year we're celebrating Gary Jones' 25th anniversary as CEO. His life's work has been Youth For Tomorrow. I can't imagine how many young people's lives he has personally touched. We just thank Gary for that and celebrate those 25 years!

And to all of you, because of your hard work and your contributions and God's grace, a difficult 2020 year was made into a success.

Thank you for supporting YFT and all the lives you have changed!

Joe Gibbs  
Founder and Chairman



# Board of Trustees President's Message

Taylor Chess

In the commercial real estate industry, where I have built my career, there is a term we frequently refer to: "appreciation value"—the increase in value of a property or asset over time.

And it's a term that can describe the extraordinary reach of Youth For Tomorrow over the past 30 years, with an "appreciation value" to the community that keeps growing by leaps and bounds—from 4 children served in that first year 30-some years ago to over 30,000 children and families served ever since then.

Youth For Tomorrow's value to the community took on extra significance in 2020, one of the most challenging years most of us have ever faced, and certainly so within Youth For Tomorrow's 30-plus-year history. While many other social services organizations limited operations or closed entirely, Youth For Tomorrow kept pushing forward, ensuring that all who needed help would find it—a beacon of healing and hope in an otherwise dark time.

From shifting outpatient mental health services from a clinic setting to a virtual telehealth model in less than two weeks' time AND proceeding to log record numbers of counseling sessions, to maintaining in-person classroom education in our accredited secondary school, to providing gift cards for fresh food for families in need at Thanksgiving and Christmas, Youth For Tomorrow was a lifeline in a year punctuated by difficulty and loss.

That Youth For Tomorrow was able to continue its mission, 24/7, during one of the bleakest periods of our nation's history, is a testament to the extraordinary vision of its leadership; the unwavering commitment of its staff at every

level; and the outpouring of generosity from donors whose financial support allows the mission to not only continue but grow.

Yes, Youth For Tomorrow's "appreciation value" to the community is significant. But it wouldn't be possible without your support, which is simply priceless.



A stylized, handwritten signature in black ink, consisting of a large, sweeping 'T' followed by several loops and a long horizontal stroke.

Taylor Chess  
President, Board of Trustees



***"On behalf of the Youth For Tomorrow Board of Trustees, I personally thank you for being there over the years, and particularly during this past year. Youth For Tomorrow's mission of saving lives has never been more important or more needed."***



## Residential Programs



The Historic Boys Home - William A. Hazel House was the first building on the YFT campus. Built in 1986, the home continues to be a home for boys and served a special role during the COVID-19 crisis when the original houseparent apartments were converted into quarantine wards.



Campus entrance checkpoint.



The late Mrs. Eleanor Hazel and family members with YFT Founder Joe Gibbs and CEO Gary Jones in 2015.



## YFT Serves Military Families in Need of Help



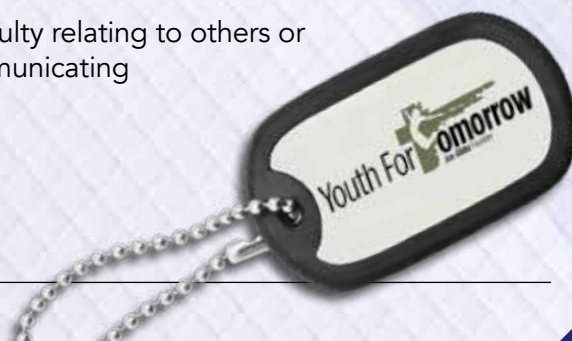
At Youth for Tomorrow, we recognize how members of the Armed Forces work to provide positive interventions in the face of the many challenges, transitions, and changes unique to military life. In fact, many of our staff themselves are family members of, and veterans of, the U.S. military.

We recently certified our programs through TriCare with the specific goal of helping adolescents in military families cope, heal and thrive. Our services include both residential treatment and outpatient therapies. And our faith-based approach helps young people develop confidence, life skills, spiritual insight and moral integrity based on Godly principles.

Our Residential Treatment Program is on a beautiful 215-acre campus, 35 miles west of Washington D.C. The unique balance of structure and freedom in our residential environments enables young people to discover new strategies to cope with challenging mental health issues and reclaim positive personal choices in their lives.

### **Through our TriCare-certified residential programs, Youth For Tomorrow treats:**

- Anxiety and depression
- Substance abuse
- Self-harming behaviors or suicidal tendencies
- Academic struggles, excessive absences and/or failures
- Problems with authority figures, rules and defiance
- Frequent troubles with impulse control and risk taking
- Distorted thinking
- Limited emotional affect or rapidly shifting emotional states
- Difficulty relating to others or communicating



# Residential Programs

## YFT's Residential Program

Despite the challenges of the Covid-19 pandemic, Youth For Tomorrow's Residential Program continues to offer refuge and restoration for at-risk youth. Those who come to YFT are often abandoned, abused or otherwise alienated, and because of their behaviors, YFT frequently is their last place of hope. With professional services by trained and credentialed staff members, the boys and girls live in caring homes, receive counseling and get an education from YFT's accredited secondary school.

Our goal is to provide them the opportunity and motivation to focus their lives and develop the confidence, skills, intellectual ability, spiritual insight and moral integrity to become responsible and productive members of society.

YFT's response to COVID was rapid and innovative. Vice President of Programs Dr. Terry Tinsley, Residential Director Romero Spates and the residential staff created new indoor and outdoor activities to keep the residents from becoming anxious and restless in the confined environment. Strict sanitation procedures were instituted and a security checkpoint was established at the campus entrance, with only staff and essential personnel admitted. Residents had Zoom meetings with family

and guardians. When there was an outbreak in July, several nurses and staff volunteered to stay on campus in quarantine with the affected residents.

YFT's residential program has had a steady historical success rate of 85%. Those who complete the program move on to college, join the military, find employment or reunite with their families in the community.

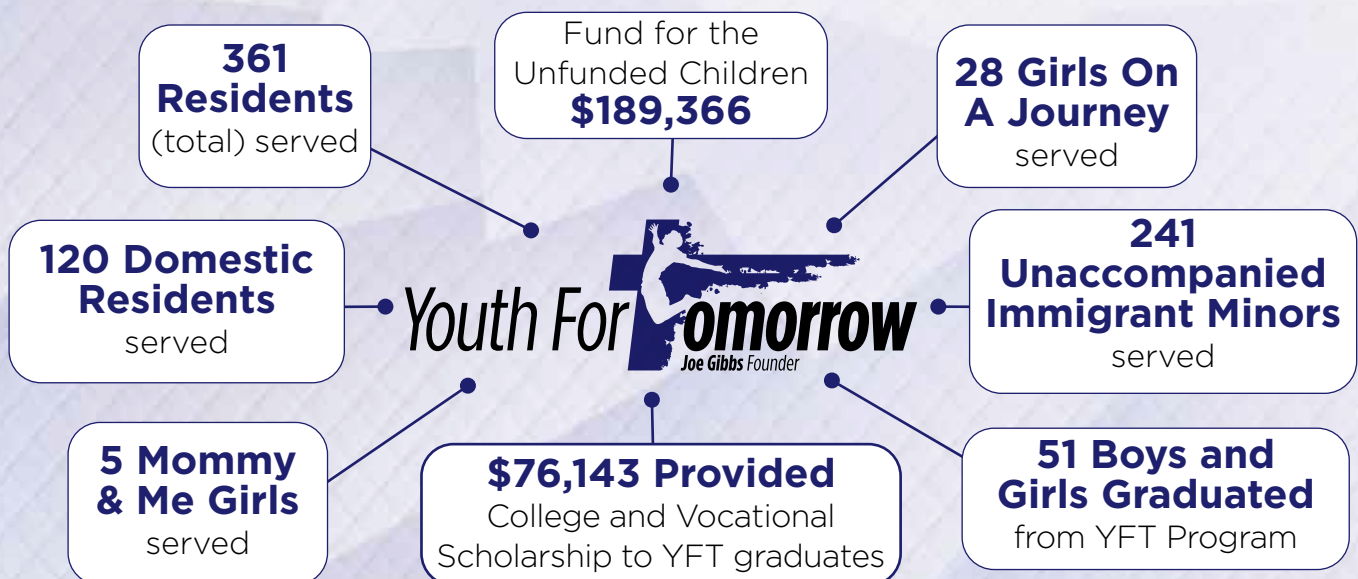
A child-to-staff ratio of 1 to 6 allows Youth For Tomorrow to provide individualized, caring services to each child. One third of YFT's staff members are bilingual in Spanish and English.

## Special Residential Programs

### Mommy and Me

Expectant teens and teenage mothers with a child have a special place at Youth For Tomorrow and receive 24-hour care and supervision. The program, created in 2007, provides services and activities to help them prepare for and to care for their babies. The girls receive counseling and attend school at YFT. A staff nurse oversees their health in partnership with community-based medical professionals and the babies receive regular pediatric care.

## YFT'S Residential Services 2020





## Residential Programs



### Girls On A Journey

Youth For Tomorrow offers safe and secure residential and specialized trauma recovery services for girls ages 13 to 19 who have been sexually exploited or trafficked. It is the only facility in Virginia and in the mid-Atlantic area that offers these services. Since the program's inception in 2009, YFT has provided treatment and support for 270 victims to address their safety needs, gain understanding of the victimization they have experienced, improve self-esteem, develop motivation for change, improve life skills and empower them to reach their goals.



### Jessica Evans:

*"When I was very young I was sex trafficked at a very young age. I was taken from my family on two different occasions. I was also addicted to drugs during this time. It was a very long period of pain and suffering for me. But coming to Youth For Tomorrow, it helped me get clean, it helped me find the path I needed to take, it gave me hope again and the staff members were there by my side every night. The classes I took, the groups that taught me all the knowledge to not get into a situation like that again, it was all a blessing in disguise to me."*

### Unaccompanied Immigrant Minors

In 2012, Youth For Tomorrow received a bipartisan request to help the unaccompanied children who were coming across our borders. Working with the Office of Refugee Resettlement, U.S. Department of Health and Human Services, YFT provides a safe haven, counseling and other medical services, and seeks to unite them with family members. They range from ages six through 17, and most are impoverished, fleeing gang violence in their home countries or at high risk of abuse and neglect as well as labor or sex trafficking.

Since August, 2012, YFT has assisted more than 3,000 children from 22 countries. In the past year, YFT continued to shelter these children. They received COVID-19 tests before entering the campus and then quarantined for 14 days before joining the resident population.



# Residential Programs



June 5 graduation in the Peterson Family Chapel.

## Education

Youth For Tomorrow's state-accredited secondary school offers the state endorsed core curriculum, including math, science, English and social studies as well as music, art and physical education and ESOL. It also provides a therapeutic environment to help students navigate through emotional, behavioral and other challenges.

Individual Education Programs are designed for each student, who also receive special education and mental health supports. YFT also offers structured vocational trainings to boys and girls in skills such as computer and other technological training, gardening or cooking. Enrichment

programs include after-school tutoring, recreation, information technology, the arts and clinical group therapy.

## Counseling

Youth For Tomorrow provides counseling services to all residents. These include regular on-site individual and group counseling sessions and access to community mental health services for residents with special needs. Family sessions are provided as requested and involve the resident, parents/guardians and the resident's therapist. The goal is to target issues specific to the resident and the family unit and prepare the resident for reunification with their family or to explore alternatives for their future and livelihood.



**Adam Coombs**

*"I didn't want to be here. I was lost, didn't have a sense of myself, or any sort of dignity or self-respect. I had bounced around*

*a couple of mental institutions and placements to try and get help. I never took hold of any of it, until I came here. And then, I met a lot of the staff, and the love that I was given was something that I needed and that opened me up a lot."*



**Sean Reap**

*"One of the things that is impressive to me is how YFT works not just with the resident, but also with the families and tries to*

*mend those relationships. So it's not separating them from the problem, but trying to deal with any damage to the family. So that when they leave here there's a healthy and repaired relationship between the two."*



**April Edwards**

*"Around the age of 16 I got involved with stealing cars. To my friends and me it was a game to us. I eventually hit and killed one*

*of my friends. It was an accident. I didn't think YFT would accept me because of my background, but they did and it turned out great! Dr. Jones is like a father to me. After YFT I went to college on a Dr. Gary L. Jones Scholarship!"*



# Residential Programs

## Normalcy in the Face of Uncertainty

By Veronica Myer, Vice President for Educational Services

The corona virus pandemic presented unique and seemingly insurmountable challenges to a campus such as ours. The educational component of Youth For Tomorrow is integral to the daily lives of our residents, and we strove to maintain this through instances of the virus surging on campus.

First, we created a strategic plan to get our teachers safely and effectively into the residents' individual homes to restore a sense of normalcy in the face of such dramatic uncertainty. This plan centered on utilizing our teachers and support staff in a way that minimized staff exposure to the virus, while maximizing the efficacy of their teaching practices.

Lessons were tailored to maintain focus in the home setting. PPE was fully utilized by staff, including goggles, face shields, masks, and, when necessary, gowns. Social distancing practices were used creatively and as much as the setting would allow. Our teachers continued to instruct this way for two weeks, while our campus faced our largest number of confirmed COVID cases to date.

The response of our education department, and Youth for Tomorrow as a whole, is our success story. Through component interoperability, and the remarkable resolve of the residents we serve, we have persevered in the face of the pandemic, and are ready to meet any future challenges head on.



## After Care and Transitional Services

Case Managers at YFT and the After Care Coordinator assist each resident as they transition home, connecting them with community-based services or as they seek post-secondary school education.

YFT offers scholarship opportunities to residents in good standing who are seeking vocational or college degrees. The case managers work with the youth and their parent/guardian and or placing agency on their transition plan and continue to follow up with the youth and placing agencies at regular intervals.



**Luis Segovia**

*"I was having difficulty with my family, and when I first got here I was angry and upset. The staff members just helped me*

*calm down and see the world differently. My viewpoint, my views changed, my values changed, and I got closer with my family members. YFT does change lives. It changed mine for the better. It really is a great place."*



**Aileena Joya**

*"I wasn't in the best spot. I was leaving home, running away, doing drugs, and I wasn't proud of myself. I*

*needed to be loved, I needed to be understood, and they gave me that. All the staff did. I learned so many things from the pastors and Pastor Denny. I also learned a lot about myself, who I really am and what I wanted to be in life."*



**Robert Johnson**

*"It was a lot more positivity here than there is out in the world. Once you get out in the world you start to see all these*

*things you didn't know existed. So, it was good that there was a place and a time in my life when I knew that people actually cared about me."*

## Residential Programs



Chaplain Denny Glusko



Shining a Light in the Darkness. The Peterson Family Chapel at YFT.

### Spiritual

Youth For Tomorrow has been blessed to have exceptional staff members who reach children's hearts and inspire them to make Christ-centered choices. For 22 years, Chaplain Denny Glusko has touched countless lives for Christ in worship, Bible lessons and spiritual counseling at YFT. He was joined last year by Pastor Lawrence Hubb, who became an ordained minister in 2013 and now serves as YFT's Campus Pastor. He previously directed the YFT Therapeutic Day Treatment program.



A service in the Chapel.



Pastor Hubb (r) leads a prayer.



# Residential Programs

## Finding a New Direction for Life

My name is Rollin and I am 18 years old from Goochland, Virginia. Both my parents struggled significantly with alcohol and drug abuse. Frequently, my father was very abusive to my mother, sister and me. There were so many things that my dad put us through that as I have gotten older I have realized was very bizarre and just plain wrong.

One of the things that is still to this day difficult for me to express is when I was eight years old my dad brought a prostitute over to our house. I walked into my bedroom and she was there and my dad told me what he wanted me to do. He told me ---- I had to be a man and this was going to teach me. I felt confused, scared, and embarrassed.

It was later discovered that my mom had a meth lab in our house and she was eventually arrested and went to jail. Days following her arrest I was removed from the home and placed in the care of my grandparents. From that time until now I have not seen my mom or dad and I still honestly have no desire to see them.

My values and identity as a kid were so distorted it took me years to understand the truth and get a new and real direction for my life.

When I arrived at my grandparents' home I had taken with me so much confusion, bitterness and resentment. I ended up treating my grandparents and others with such disregard and disrespect. I lived with my grandparents for five difficult years before I was sent to Youth For Tomorrow.

I will be honest with you that I absolutely did not want to be here and cared little for the staff. But as time moved forward while living at YFT, I found understanding of who I am and I am increasingly discovering who I can become.

I have worked hard to build a healthy relationship with my grandparents and an intimate relationship with Jesus Christ. It seems as even though all of the insane things that I went through as a young boy --- through YFT, life has changed into healing,



Rollin (l) with YFT Pastor Lawrence Hubb.

kindness, growth, and love for me as an adolescent and now a young man.

I am a senior in high school and currently have a 3.8 GPA. When I graduate I plan to return to my grandparents' home as I want to study to become an electrician.

I want to thank Youth For Tomorrow, especially Dr. Jones, for everything you have done for me. I came here as a 15-year-old boy who was highly misled and mistreated. This place and these people have and continued to play a role in shaping this boy into a young man who now has plans, purpose and a future.

***“...as time moved forward while living at YFT, I found understanding of who I am and I am increasingly discovering who I can become.”***

## Behavioral Health Services



### Pivoting to Create a New Way to Provide Services!

By the end of February 2020, it became clear that drastic changes were underway because of the pandemic. People became confined and isolated, lost employment, became ill and lost loved ones. The demand for counseling services was skyrocketing at a time when it became impossible to provide them by traditional means. By the first week of March 2020, Youth For Tomorrow's outpatient counseling was reduced by 50% as sessions had to be cancelled because of COVID-19.

The thought that more than a thousand patients would go without their critical services was unacceptable to YFT Behavioral Health Services' Carl Street and the BHS therapists. YFT's six Behavioral Health outpatient offices, located in the Virginia counties of Prince William, Fairfax, Fauquier and Loudoun, were temporarily closed. Thanks to Herculean efforts by the BHS staff, within two weeks all counseling services were shifted online and continued at full capacity.

Youth For Tomorrow serves children, adolescents and adults with a wide variety of issues including but not limited to depression, anxiety and panic symptoms, post-traumatic stress, anger, obsessive-compulsive issues, grief and loss, self-harm, attention deficits and other behavioral concerns, as well as familial and relational issues. Our staff includes psychiatrists, psychologists, licensed clinicians, therapists, and nurses. We provide individual and family therapy,

comprehensive mental health assessments and comprehensive treatment planning.

***“Within two weeks all counseling services were shifted online and continued at full capacity”***



**YFT Voted**  
**“Best Psychologist/Counselor”**  
In a poll conducted by InsideNova.com, 230,000 people in Prince William County chose among 49 candidates and **YFT was #1!**



# Behavioral Health Services

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## A Rapid and Radical Shift!

By Carl Street

Vice President for Behavioral Health Services

By late February, 2020, as outpatient sessions were cancelled because of the spreading virus, it became clear we would need to radically change the way we provided services. The first week of March I met with Dr. Jones and other members of the Executive Team and presented a plan to convert all of our services at YFT-BHS to a Tele-Behavioral Health platform.

The idea of having over 1,000 patients not able to receive services during this time was difficult to accept. This drove myself and everyone at YFT and YFT-BHS to make sure this transition was successful so we could continue to serve those in need.



This was the plan:

- Purchase laptops for each of our therapists and psychiatry staff, so we could continue to meet with our patients and not have to close down services.
- Add services to our Electronic Health Record to be able to provide telehealth sessions, creating a patient portal and redoing all of our forms to work online so they could be reviewed and signed while maintaining confidentiality and revising our service agreement and intake paperwork.
- Update our website and our phone system so the therapists could use an app on their laptops to make phone calls and access voice mails from their desk phones at work.
- Update our operational manual, intake procedures and policy manual.
- Train all the YFT-BHS staff in groups of six due to Covid-19 with social distancing measures in place on this new system to be able to deliver this service while maintaining patient safety and preventing risk.

This plan was approved by Dr. Jones. It became feasible when Medicaid, Medicare and the Insurance Companies removed restrictions so we could bill for Tele-Behavioral Health services.

On Friday, March 20, 2020, our offices were closed because of the Covid-19 Pandemic and switched to a tele-behavioral health platform. We transitioned over 800 patients to this system of services within three days. We began to conduct Tele-Behavioral Health Sessions that first week, conducting over 250 sessions. By the first week of April 2020, we had an intake process and began to accept new patients. By May we were operating at 96% capacity. We have never gone below that level and we have increased since then.

Our goal at YFT-BHS for this year is to continue to provide a hybrid delivery of services to include both Tele-Behavioral Health Services and face-to-face in the office sessions as safety permits.

***“We transitioned over 800 patients to this system of services within three days.”***

# Behavioral Health Services

## Community Services

YFT's Community Services programs traditionally are provided in homes or in schools. The restrictions of the pandemic required creative thinking and much effort to reach those needing help. It was a challenge to adjust to the virtual setting and to keep young people engaged – from a distance. But the staff worked hard to build up the program, made adjustments to fit the children's needs and achieved much success.

### In Home Services

YFT's services are designed to address problems in the home and avoid having to separate children and families. YFT's mental health professionals help children, adolescents and families manage behavioral and mental health issues such as anger, anxiety, depression, conflict resolution, trauma and communication. Services in 2020 were all virtual for a time, then some sessions were provided in homes, yards or outdoor community venues. All are conducted with personal protective equipment and parents' involvement.

### Therapeutic Day Treatment

The TDT program provides therapeutic support to youth in school who struggle with ADHD, depression, ODD, mood instability and other issues that make it difficult for them to succeed in the classroom. After March, 2020, these services were provided virtually in Prince William, Fairfax and Loudoun Counties. With some schools returning to the classroom, a hybrid schedule for this program will resume as appropriate.

### Substance Abuse Treatment

Youth For Tomorrow offers outpatient Substance Abuse Treatment for adolescents, adults and families at its Loudoun County and Warrenton offices. Treatment, individual and family counseling and group counseling are offered in both English and Spanish. Since substance abuse often is linked to trauma, PTSD, anxiety and depression, the YFT program also offers mental health services. Psychiatric medication management, which may help individuals stabilize as they pursue treatment, is offered in conjunction with counseling.

## YFT's Behavioral Health Services Offices

Youth For Tomorrow's satellite offices were closed in March because of the COVID-19 pandemic. However, therapists were able to serve clients through the Telemed system created by YFT. In-person services will resume as circumstances permit.



**Haymarket Behavioral Health Services:**  
6611 Jefferson Street, First Floor  
Haymarket, VA 20169



**Woodbridge Behavioral Health Services:**  
14000 Crown Court, Suite 101  
Woodbridge, VA 22193



**Manassas Behavioral Health Services:**  
9720 Capital Court Suite 303  
Manassas, VA 20110



**Springfield Behavioral Health Services:**  
6800 Backlick Road, Suite 300  
Springfield, VA 22150



**Loudoun Behavioral Health Services:**  
19415 Deerfield Avenue Suite 101  
Lansdowne, VA 20176

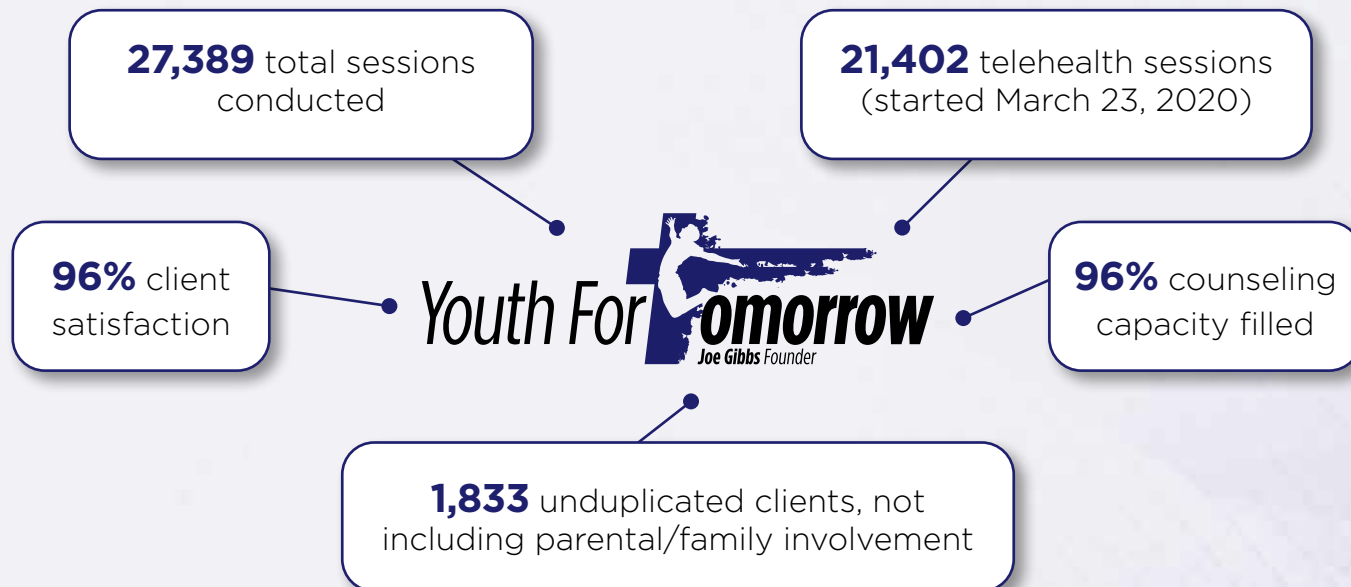


**Warrenton Behavioral Health Services:**  
20 Rock Pointe Ln. Suite 201 and 203  
Warrenton, VA 20186



# Behavioral Health Services

## YFT's Behavioral Health Services 2020



## Foster Care

The need for Foster Care has continued despite the restrictions of the pandemic.

### Treatment Foster Care

Youth For Tomorrow provides services in Virginia to youth who are placed out of their home and need intensive support to be maintained in a community placement. Children from babies to 21 years old are placed with trained and professionally supported families. Treatment Foster Care parents help children learn to cope with their emotional trauma, trust others, advocate for themselves and set and achieve goals for their future. They are role models who provide day-to-day care, communication and the supervision that children need. YFT provides a high level of support and supervision, providing pre-service and ongoing training and 24 hour support.

### Transitional Foster Care

Unaccompanied immigrant minor children who are awaiting reunification with a family member or a sponsor in the U.S. are provided with temporary foster care services. YFT provides schooling on campus and

all health care, and assists with transportation and child care. Most of the children in the UIM program are placed with YFT for less than 95 days, so the commitment usually is from 45 to 90 days. Transitional Foster Care parents do not have to be bilingual, as children typically learn English quickly when immersed in a home where the first language is English.

***We have an urgent need for short term foster parents for unaccompanied immigrant children who are awaiting reunification with family or sponsors in the U.S. If you have ever considered fostering, this opportunity may be for you.***

### Mentoring

Youth For Tomorrow offers opportunities for volunteers to mentor the children in the residential programs. Therapeutic Mentoring is designed to help young people who may be suffering the consequences of bullying, discrimination, abuse, addiction and academic challenges. Mentors participate in background checks and receive training from YFT.

# Behavioral Health Services

## From the Cold Streets to a Warm Bed and a Bonus Family: The Miracle of YFT from Our Family's Perspective

*By Jennifer and Ken Bridgman*

We were first introduced to Youth For Tomorrow through a friend and were immediately compelled by its Christian values and mission for helping kids. But at the time, little did we know just what a big part of our lives—and hearts—YFT would eventually hold.

For many years, we had a wonderful handyman—a hard-working man who had fled El Salvador's Civil War in the 1980s as a teenager, with only a 6th grade education and \$10 in his pocket. Over the years, he settled in Virginia, acquired a Green Card, built a small business and had a family. He would speak of his children, including a teenage daughter he loved deeply and was so worried about.

As happens with many working families, his daughter, then a teenager, was alone often, with responsibilities too big for a kid. Looking for acceptance and love, she became drawn in by the wrong crowd, who victimized her in unspeakable ways. She ran away from home, quit school and turned to substance abuse to manage the pain and loneliness.

Then the unthinkable happened. Years of poor health and increasing stress caused her father to have a massive stroke at age 48. He spent months in the hospital and rehab center, re-learning how to walk, talk and feed himself. Amid the family crisis, the daughter came off the streets to be with her dad in his time of need.

That is how we met Aileen.

For weeks, we sat at her dad's hospital bedside doing what we could to help his recovery. One night we invited Aileen to join us for dinner, and over burgers and fries, she just opened up about everything—her life, her pain, her feelings, her dreams. We brought her to our house so she could sleep in a cozy bed in a quiet room for a night.

As she shared more of her story over the weeks, it occurred to us that Youth For Tomorrow might be



Aileen, Marvin, Miguel, Jennifer and Ken.

exactly what she needed to get her life back on track. Yet we knew the family had no means to pay for it.

We shared her story with Dr. Gary Jones, who immediately responded: "If she will come, we have a place for her here." Generous donors make it possible for kids like Aileen to find the help they need—a truly life-saving, life-changing gift!

After several months living at YFT, with intensive therapy and surrounded by loving staff who saw her value and helped her restore her dignity and self worth, she excelled and even graduated that spring with her high school diploma—a goal she never imagined possible.

We attended YFT's graduation and were so proud. We thought the job was done. But as we stood in line for cake and punch, Dr. Jones approached us and said: "Where is she planning to go from here? I think she should go live with you."

We had our doubts—after all, how could a married couple with no children of our own and demanding careers possibly pull this off? It seemed impossible. But, Dr. Jones, and the tugging of the Holy Spirit, were certainly very persuasive.



## Behavioral Health Services

And that's how Aileen joined our family.

She lived with us for nearly a year. During that time, she got her driver's license, started working in the hospitality industry, began classes at Northern Virginia Community College and learned "life skills" like setting a budget and keeping a calendar.

There were great joys as we celebrated her achievements. There were great challenges as she struggled at times to find her footing, as is common for many young adults. Through it all, YFT's extraordinary staff was there for us every step of the way.

There is almost never a day that goes by when we don't talk or text with Aileen. She is beautiful, sweet, incredibly hard working, and has a huge heart for helping others who find themselves on a difficult path like she once was. We know her future is very bright.

God kept her safe, YFT gave her an opportunity, we stepped in with unconditional love, and the rest she has done herself through hard work and perseverance.

This beautiful blessing in our lives never would have happened had it not been for YFT and the Holy Spirit that lives and works among us in mysterious ways.

To us, Aileen is our daughter---not by blood, but certainly by love.



Aileen and Marvin on Miguel's baptism day.

## Could You Make Time for YFT?

From five minutes to five months, there are many ways to help make a difference:

- **Do you have 5 minutes? Make a financial gift.**  
Your financial gifts to YFT throughout the year make it possible for young people in crisis to come to YFT even if they have no ability to pay for services.
- **Do you have periodic availability? Volunteer or mobilize your church or community group.**  
If your availability is periodic, consider sharing the YFT mission with your church, group or employer and getting involved as a group.
- **Do you have a few hours one day a week? Be a mentor.**  
Be matched to a YFT student and spend a couple hours per week one-on-one to help the student learn skills, experience recreational activities off campus and build a positive relationship with a caring adult.
- **Do you have lots of time? Be a foster parent.**  
YFT's foster care program is always looking for adults and families who are willing to welcome a child into their home until they can be reunited or placed with a family member or adopted into a loving family or attain independence.

For more information, call or contact YFT VP of Development and Public Relations, Love D. Jones at (703) 396-8415 or [LJones@yftva.com](mailto:LJones@yftva.com)

# Youth For Tomorrow's Heart2Heart Gala



The annual Heart2Heart Gala was the last in-person event at Youth For Tomorrow before COVID-19. Fittingly, it was a joyous evening with hilarious entertainment by TV personality and best-selling author Jeff Foxworthy and rockin' top hits music by LONESTAR.

The gala raised more than \$1.2 million and the Sweetheart Benefit Raffle \$277,600.

YFT extends a big THANK YOU to Co-Chairs Cynthia Atwater and Susan LaPierre for their many years of outstanding service. Cynthia has chaired it for 16 years. Patsy Norton and Barbara Lewis were Co-Chairs for the very successful Sweetheart Benefit Raffle, with 2,718 tickets sold.



Girls Just Want to Have Fun!!!



Trustees Ken Shepherd and Patsy Norton drew raffle tickets.



Comedian Jeff Foxworthy



Ken Ryder caught up with a longtime friend, Steve Willis.



Cynthia Atwater with Dad Ernie Carter and Daughter-in-Law Doina Alexei Atwater.



Presenting sponsor Trustee Cyndi Butler (l) and friends.



## Youth For Tomorrow's Yards 4 YFT

The unique "event that didn't happen" still was a big winner for Youth For Tomorrow and fun for everyone who participated. Trustee Adam Volanth served as Chair. The goal to make a touchdown was reached when Chairman Joe Gibbs pushed the ball over the goal line with the \$17,000 needed at the last minute to reach \$1 million. Trustee Jim Duszynski kicked in another \$2,000 to make the extra point.



Coach Joe Gibbs	Edward and Donna Heid	Marc Guest
Jim Duszynski	Gossom & Costello Paving – Cindy Pleytez	John McDonald
Anne and Jon Peterson	Tom Chillot	Courtney Gaskins
Taylor and Charlotte Chess	Bob and Mary Waple	Heather Humphries
BOHLER - Adam Volanth	Arlan Mors	Terry and Becky Tinsley
Cecil Pruitt - The Pruitt Corporation	Dick and Barbara Riordan	Denny and Diana Glusko
The Bob Wiser Charitable Trust Foundation	Bob and Barbara Lovelace	Love D. Jones
Randy Byrnes	William Norton	Rich and Margaret von Gersdorff
Tom & Cheryl Holly	Mike and Cheryl Richman	Premier Promotional Products
NV Commercial - Steve Cumbie	John Frisch – Alliant Wealth	Berkshire Partners - Kevin Callaghan
The Wm. A. Hazel Family	The Norton Foundation	Protiviti – Gary Callaghan
Interstate Batteries - Anthony Barbour	Patsy & Randy Norton	Jess and Rilda Hendrix
GAM - Graphics and Marketing	FedEx Corporation - Frederick W. Smith	Mr. and Mrs. Anonymous
Nathaniel Grant	Brit and Kim Hume	Marikay Shaw – Prose and Persuasion
Sue Barbour	Vic and Wendy Sellier	Jim and Jean Jones
M&T Bank - Cecilia Hodges	Gary and Barbara Jones	Ben and Jennifer Bridgman
Rappaport – Gary Rappaport	Gary and Allison Jones, II	Valarie Mamalis
Bruce and Kathi Eberle	Miller Toyota - Ken Shepherd	Elaine Sullivan
Eberle Communications - Tammy Cali	Gary and Jane Garczynski	Kaitlyn Barbour
Clarios	J G Miller – Kevin Miller	Mike and Lisa Kellelea
L. F. Jennings, Inc.	Fellows Financial Group - Blake Fellows	Andy Budd – Country Chevrolet
Geri Lanier	Ron and Trice Lara	Mike McCartney – Head Hog
Harold Gay	Cynthia Atwater	Gladys Woodson
Patricia Helwig	Rosenthal Wealth Mgt. - Larry Rosenthal	Steven Mallis
Hallmark Iron Works	Vern McHargue – Ericka Avenue, LLC	Adlin de Cardi
Steve Alloy – Stanley Martin	Karlgaard Family Foundation	Rita Krempin
Kris and Brenda Lightcap	Warren and Barbara Lewis	Daniel Vine
John and Robin Robinson	Stack Infrastructure	Charles Gilbert
Anna Hogan	Deborah and Reuben Johnson	Janis Sidener
Susan Yeakel	Mike and Suzanne Lynn	



# Youth For Tomorrow's Classic Golf Tournament



After months of uncertainty, Youth For Tomorrow was able to safely hold its 24th Annual YFT Golf Classic on September 23 at the beautiful Westfields Golf Club near Clifton, VA. The very popular event is chaired by Trustee Jon Peterson and sponsored by The Peterson Family Foundation. Teams competed with a shamble format in which each golfer tees off and the best shot is selected, then each golfer plays his or her own ball until it is holed out. The tournament raised \$150,000 for YFT.





# Youth For Tomorrow's Country Fair & Auctions



With creative thinking and considerable technology work, Youth For Tomorrow's beloved Country Fair & Auctions became an exciting experience and was the first virtual event in 2020.

Chaired by YFT Trustee Tom Shumaker, the 35th Annual CF&A featured messages from YFT Founder, Coach Joe Gibbs and Country Music Artist Lindsey Ell. Nearly 200 unique items, including sports memorabilia, household décor and restaurant and spa gift certificates, were available for browsing and bidding in the Silent Auction. Two dozen fabulous Live Auction experiences, collectibles and luxury items were offered by legendary auctioneer and YFT Advisory Board member John Nicholls in a high-energy, live-streamed Live Auction. The CF&A raised \$819,000.



Trustee Tom Shumaker, EVP for Holder Construction, has chaired the YFT Country Fair & Auctions for the past six years.



Auction Co-Chairs and Advisory Board members Kristine Johnson and Micheal Harman put in countless hours to help create memorable Live and Silent Auctions.



Trustee Ken Shepherd (R) and his team at Miller Toyota coordinated delivery to raffle winners, Christine and Adam Volanth.



(L) Trustee Ed Laukes of Toyota USA donated the newly released 2021 Toyota Venza for a special benefit raffle supporting YFT and the Country Fair. The raffle sold 100 tickets at \$1,000 each which raised \$100K!

(R) Auctioneer John Nicholls and YFT CEO Dr. Gary Jones keep track of the online bidding in the virtual Live Auction.





## Special Awards



Pictured from left, Taylor Chess, YFT Board President, Jon Peterson and Dr. Gary Jones.

### In a Heartbeat Award

Jon Peterson: leader, philanthropist, a man who has actively touched the lives of children at Youth For Tomorrow and throughout the region, is Youth For Tomorrow's In a Heartbeat Award honoree.

CEO of the Peterson Companies, Jon has been a member of YFT's Board of Trustees for 22 years. He has served as its President, been a continuous member of the Board's Executive Committee and a member of YFT's Capital Campaign Committee.

He has been the tireless Chair of the Annual YFT Golf Classic for 17 years – an event that sells out every year.

He can be found at any of YFT's auctions and appeals – making bids and often returning the items he wins to raise even more funds. During the holidays the Peterson Companies participate in the Angel Tree program, providing more than 100 gifts each Christmas for the children at YFT. He also frequently calls during the year to give personal gifts at the youth home.

He was central to the creation of the Peterson Family Chapel, the spiritual heart of YFT's campus, where

services are held many times each week and pastoral offices are open for daily counseling by YFT's pastors. Jon's leadership reaches beyond YFT. He has served on the Board of Trustees and on the Foundation Board for George Mason University, where The Peterson Family Foundation also has provided major gifts. The Foundation also has been a major donor for the construction of 17 churches in Northern Virginia.

The Youth For Tomorrow In a Heartbeat Award is given to an honoree who has a distinguished record of charitable support for children and the community. Jon Peterson is that honoree.





## Special Awards

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### The Nehemiah Award

Carl Berquist has graciously given countless hours and effort over the past 23 years to Youth For Tomorrow. Dr. Gary L. Jones presented him with the Nehemiah Award for his dedicated service, with these words:

- He is a man of strong character who sets high standards of integrity, accountability and performance;
- He serves our children with compassion and commitment to provide them an opportunity for a productive life;
- He is a Trustee who is faithful, resourceful, and generous in supporting the mission of YFT;
- He has skillfully served as Chairman of the Board of Directors for the YFT Foundation;
- Tirelessly, graciously and selflessly, he has served as a Board member since 1990.



### Dan Anderson YFT Employee of the Year Award

Nurse Practitioner Tanya Reynolds RN, MSN, and FNP-BC has been a key figure in managing Youth For Tomorrow's response to the COVID-19 virus. When YFT had to activate a "Shelter in Place" policy, she headed up a group with six other nurses to do everything possible to keep the youth home's residents and staff stay safe and healthy. At the same time, she works around the clock to ensure that the ongoing medical needs of YFT's young people are addressed. Her exceptional leadership and professional service are recognized with the awarding of the Dan Anderson YFT Employee of the Year Award.

The annual award is named in honor of Dan Anderson, a graduate of the YFT program and school in the early 1990s. Dan is the Founder and President of his own high-tech company, Adaptalytics, in Edinburg, Virginia.

### Volunteer of the Year Award

YFT's 2020 Volunteer of the Year Award was presented to Ken Shepherd for his generosity and service, both personally and through Miller Toyota. A member of the Advisory Board, he has been welcomed to serve as a new member of the Board of Trustees.





Close friends: Coach Joe Gibbs, William A. Hazel and Eleanor Hazel.

### IN FOND MEMORY

#### Eleanor Costello Hazel

Eleanor and Bill Hazel were among the first and most generous of Youth For Tomorrow's supporters. She was married for 58 years to the late Bill Hazel, founder of William A. Hazel, Inc. and a visionary co-founder of Youth For Tomorrow.

Together, the Hazels were renowned for their civic involvement and philanthropy and contributed in so many ways to YFT – from major construction and building projects to individual scholarships or bidding on Country Fair auction items to help raise funds for YFT.

Eleanor served with distinction as a 4-H club leader in Fauquier County for many years and was inducted into the 4-H Hall of Fame. She was a gracious presence at YFT's events and a treasured and faithful friend to the youth home.



Eleanor Hazel, pictured with the late Bob Wiser, friend and fellow YFT benefactor.



## In Memorium

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Ray White behind the grill at the YFT Country Fair & Auctions

### IN FOND MEMORY

#### Orace Raymond (Ray) Whitelock, Jr.

Ray and his wife Becky were loyal and devoted volunteers of Youth For Tomorrow for more than 30 years. He served for countless years as Food Court Chairman on the YFT Country Fair Committee, and more recently, as a member of the YFT Advisory Board.

Ray was an Eagle Scout, a rank he earned at age 15. Those values, instilled at an early age, guided his life in all he did. A graduate of East Tennessee University, he had a distinguished 37-year career with the National Archives and Record Center Administration.

He led a lifetime of service to others wherever he was. In addition to his devoted services to YFT, he

was a 20-year member and Elder of Greenwich Presbyterian Church. He will be remembered and missed at every event at YFT, and most especially when the grills start to warm up at the Country Fair & Auctions.





# Highlights of the Year



## How a Garden Grew at YFT

Last spring, as field trips and off campus outings were being cancelled due to the pandemic, three YFT residents approached the Director of Student Life, Duncan Jones, with a request: they wanted to create a campus vegetable garden. YFT resident Rollin and several others planned it, then planted zucchini, squash, tomatoes, onions, watermelons and peppers, faithfully pulled weeds and watered the garden patch. The project allowed students to get outdoors as well as provided vegetables and melons for YFT's dining staff to make some fresh, healthy meals. The boys even learned to make and enjoy zucchini bread!!



## Cooking Up a Treat

All 11 homes on the YFT campus received a special delivery when each were given a new assembled gas grill donated by YFT Trustee, Andy Campanaro and CMI Lighting Companies. In addition, his wife Sandy

purchased grilling utensils and grill covers for each home. At a time when restaurants were closed and the kids were confined to campus, they also gained culinary skills as they learned to grill some of their own meals.



## Summer Fun

Horseshoes came back in fashion on the YFT campus as one more creative way to get outdoor exercise and have fun.



## Making the Campus Beautiful

Once again, YFT Trustee Dave Stadler and his talented landscaping crew at Stadler Nurseries came to Youth For Tomorrow donating their time and resources for YFT's annual fall clean up.



# Highlights of the Year

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## A Changed but Still Beautiful Holiday Season

### Holiday Appeal

The spirit of Christmas never skipped a beat in 2020 despite all the restrictions on in-person gift-giving and events. Almost \$90,000 was raised for the Holiday Appeal, making it possible for Youth For Tomorrow to provide Thanksgiving and Christmas meals for those in need in the communities that YFT serves. Given the restrictions caused by the pandemic and the severe needs of individuals and families, YFT gave special grocery gift cards this year instead of the usual food packages. This made it possible to ensure that struggling families could have a turkey or ham, fresh produce and other trimmings.

### The Christmas Angel Tree Project Went Virtual and Still Delighted!

Over the years, dozens of companies and individuals have participated in the Angel Tree project to ensure that each child at Youth For Tomorrow would have a gift under the tree with their name on it. For many, it would be the first time they received their own Christmas gift.

To maintain that special tradition in 2020, YFT created a Virtual Angel Tree Project. Gift-givers were able to make donations online and have YFT take care of shopping, wrapping and delivering the presents. A second option was to shop directly on the YFT wish lists at Target, Walmart and Amazon and have gifts delivered to YFT. Thanks to these innovative methods, the excitement and joy of Christmas giving was celebrated once again.



YFT Trustee Nathaniel Grant and President of GAM Graphics and Marketing hosted a virtual Open House with GAM employees and Clients donating gifts.



### A Gift of Protection

YFT Trustee Cecil Pruitt generously donated more than 15,000 face masks to keep YFT students and staff on campus safe during the pandemic.

In addition, Cecil donated the side of beef he had the winning bid for in the Country Fair Live Auction!!

## Highlights of the Year

### A New Van for Pastor Denny and Diana Glusko

Chaplain Denny Glusko has been serving the children at Youth For Tomorrow for more than 20 years, bringing them the Word of God, sharing the hope and comfort of the Bible and helping them in their spiritual journey.

He also has been the loving caretaker of his beautiful wife Diana, who was critically injured in an automobile accident 12 years ago and needs his total care.

His days are devoted to two things: care of her and care of YFT's boys and girls, doing both with infinite love and devotion. He never complains of being tired or discouraged; he shares his upbeat outlook on life and his total love and faith in Christ, lifting everyone's spirits.

With a daily commute to YFT of 30 miles each way, the Glusko's only vehicle was wearing out and was no longer reliable. The apparatus that lifted Diana



From left, Love Jones, VP, Development; Dr. Gary Jones, CEO; Pastor Denny Glusko and his wife Diana and Rich von Gersdorff, CFO and VP, Campus Operations and a representative of the MobilityWorks company.

in and out of the van often did not work and Denny had to crank the mechanism by hand. Yet he never complained nor asked for special favors.

Pastor Denny and Diana now have a new handicap accessible Toyota van with the needed modifications thanks to the generosity of friends of the Youth For Tomorrow family.



### Joe Gibbs – A Winner in So Many Ways

**Coach Joe Gibbs, Founder and Chairman of Youth For Tomorrow**, celebrated a milestone birthday on November 25, the day before Thanksgiving. YFT's Facebook page was flooded with messages from friends, admirers, NASCAR and football fans and the legions of young people whose lives he has touched by founding Youth For Tomorrow in 1986.

As Head Coach of the Washington Redskins team, he won three Super Bowl Championships and was inducted into the Football Hall of Fame in 1996. Twenty-four years later, in January of 2020,

he was inducted into the NASCAR Hall of Fame. The Joe Gibbs Racing team has won five NASCAR Cup Series Championships.

His gifts for spotting potential, developing talent, instilling motivation and building teams have won honors and admiration around the world. His book, *Game Plan for Life*, has been a best seller and addresses the important issues in people's lives.

In all that he has done, he always talks about Youth For Tomorrow and how its impact on young lives is one of the most important things in his life. **Happy Birthday, Coach Joe Gibbs!**



# Capital Campaign



*"Be a beacon of light to those who have been living in darkness."*

–Dr. Gary L. Jones, CEO

## America Had a Mental Health Crisis – COVID Made It Much Worse

The numbers are shocking. The Centers for Disease Control reports:

- More than 40% of U.S. adults are struggling with mental health or substance use due to COVID-19.
- One in four young adults report suicidal thoughts.
- More than 35% of U.S. households are having serious problems keeping children's education going and helping children adjust to major life changes.

Youth For Tomorrow is striving to keep up with the need. Our successful tele-health programs are at capacity in each of YFT's six regional offices. Currently,

YFT is providing a record breaking 2,400+ counseling sessions per month with over 1,100 individuals and families receiving treatment.

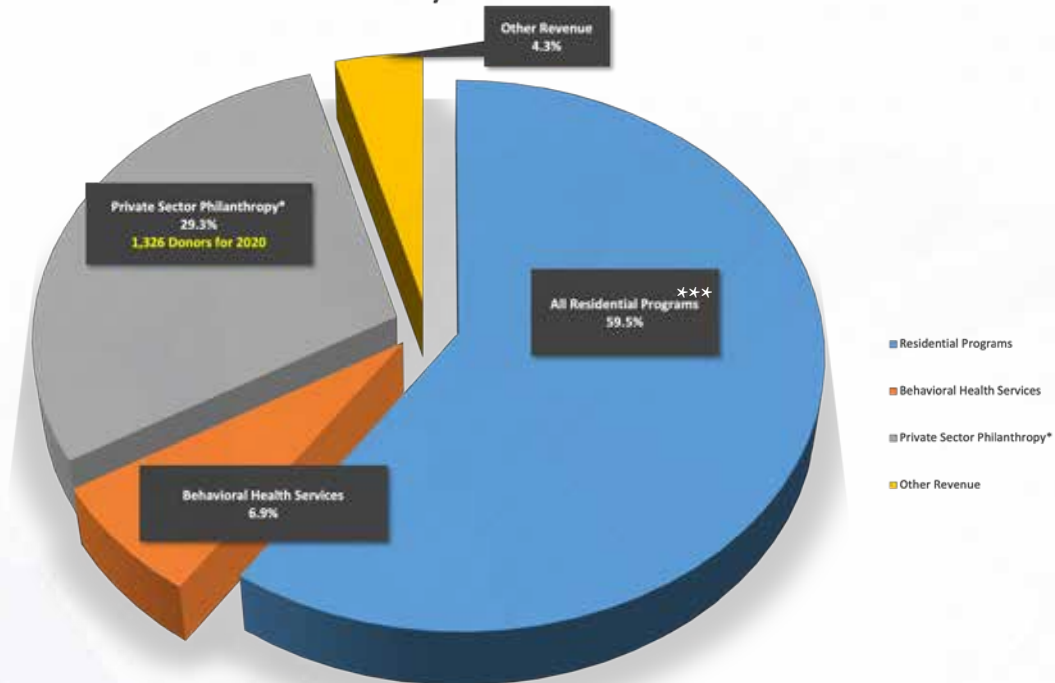
The new **Family Behavioral Health Center** is desperately needed to expand our ability to meet the needs of the communities we serve. When it is completed, we project serving more than 6,000 individuals from ages 4 to 94 per year with 35,000 clinical sessions to address their mental health issues.

**YFT's goal is to raise \$8.9 million to make the Family Behavioral Health Center a reality. A generous YFT Trustee, Cecil Pruitt, has pledged a \$3M matching gift. As of March 15, 2021, \$1.52M has been raised to meet the challenge match.**

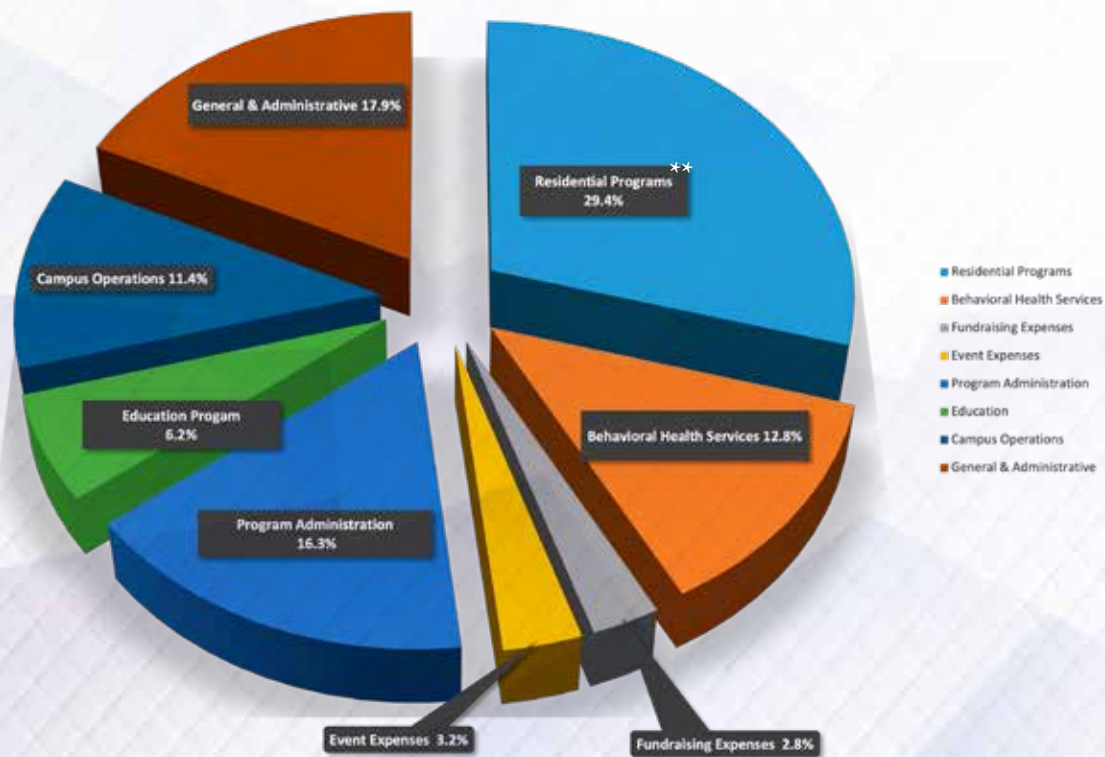
**Will you answer the call and help YFT meet this crisis in our community?**

**To pledge a gift or for more information, please contact Dr. Gary Jones, CEO, at (703) 396-7202 or by email at [GJones@yftva.com](mailto:GJones@yftva.com).**

2020 Revenue by Source



2020 Expense by Cost Center



\* Private Sector Revenue includes revenue from fundraising events, contributions, foundation grants, CARES Act and transfer of debt to the YFT Foundation.

\*\* Other Residential Program costs include Education, Program Administration, Campus Operations and General & Administrative Expenses.

\*\*\* Residential Program revenue includes Standard Domestic Children and Unaccompanied Immigrant Minors (UIM) which is funded by the Federal Government on the Office of Refugee Resettlement (ORR).



## Advisory Board

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**Mike Lynn**  
CHAIR  
SES Mid-Atlantic, LLC

---

**Dan Anderson**

**Richard Anderson**  
Former Delegate, VA General  
Assembly

**Deb Bailey**  
Re/Max Realtors

**Renny and Lena Barnes**

**Diane Bennett**  
Bennett Insurance

**Karen Budd**

**Brian Castel**  
Restoration Capital

**Chantel Clayborn**  
Minnieland

**Gina Dabney**  
Minnieland

**Richard Doyle**  
Peterson Companies

**Pete Dunn**  
Peterson Companies

**Kathi Eberle**  
Eberle Communications  
Group

**Ross and Marisa Friedman**

**Paul Ginnetti**  
The Home Depot

**Joan Goins**  
Dominion (Retired)

**Bill Griffiths**  
Eberle Communications  
Group

**Micheal Harman**  
R21 Creations

**Bud Harper**  
Washington Fine Properties

**Robin Harper**  
NOVEC

**Kristine Johnson**  
Eberle Communications  
Group

**Jean Jones**  
YFT Staff

**Col. Jim Jones**  
US Army, (Retired)

**Linda Kaminsky**

**Trice Lara**

**Warren Lewis**  
Akerman, LLP

**Robert Lovelace**

**Elsie Mastin**  
Dominion (Retired)

**Jim McQuaig**  
Churchill Mortgage

**Kevin Miller**  
J. G. Miller, Inc.

**John Nicholls**  
Nicholls Marketing and  
Auction Group

**Vicki Norman**  
Richard Norman Companies

**Nancy Padgett**

**Kerry Pauley**  
The Iron Pony, Ltd.

**Patty Pierleonardi**  
Pest Management Services, Inc.

**Michael Rohlf**

**Audrey Shay**  
ASA Real Estate

**Julie Jones Turner**  
Loudoun County Schools

**Dr. Scot Turner**  
Fairfax County Schools

**Becky Whitelock**



## Historical Milestones



Purchased 134 acres of land in Bristow, Virginia.

The Prince William Board of County Supervisors Issues a Special Use Permit to allow a group home.

Dr. Gary L. Jones became YFT Chief Executive Officer

Embarked on a \$13.5 million Capital Campaign Purchased additional 65 acres for campus

Opened second and third homes for girls

Launched Mommy and Me program for pregnant girls and their babies

Dedicated the Redskins Courage House

Opened Crisis Intervention Services\* office in Woodbridge with a grant provided by Potomac Health Foundation

In May of 2012 AdvanED

Youth For Tomorrow on Accreditation treatment and

1984

1996

2000

2004

2007

2010

1983

1986

1998

2003

2005

2009

2012

Washington Redskins football coach Joe Gibbs met with Northern Virginia business leaders to discuss plans for building a home for at-risk children in the Metropolitan DC area

Youth For Tomorrow opened its doors to serve boys

Boy's transition home built by members of the Northern Virginia Business and Industry Association

Opened 40,000 sq. ft. \$6 million State accredited secondary school.  
Opened first home for girls.

Opened fourth and fifth homes for girls

Launched The Bowles Family Foundation "Girls on a Journey" program to assist girls who have been victims of the human trafficking criminal trade

Opened Diagnostic Assessment Center\* 9 in Woodbridge with a grant provided by Potomac Health Foundation

Began offering Out Patient Services prince William County families\*  
Opened Therapeutic Day Treatment services in cooperation with Prince William County Schools





# for Youth For Tomorrow



2014 YFT receives  
Accreditation.

HomesAid and Stanley Martin  
Homes as the building Captain,  
built and dedicated the Laura-  
Louise home for Girls on the  
YFT campus

Opened new Behavioral Health Services  
Woodbridge office on Crown Court.

HomeAid and Toll Brothers as the Building  
Captain, built and dedicated the Brenda  
House for Girls on the YFT Campus.  
Groundbreaking for the Peterson Family  
Chapel on the YFT Campus.

Dedicated The Peterson Family  
Chapel on the YFT campus

Achieved national accreditation  
by The Joint Commission

Ground Breaking of new home  
for children sponsored by  
Pastor Jentezen Franklin and  
Kingdom Connections

Behavioral Health Services shifted  
completely to Tele-Behavioral Health  
Services system. March 2020.

2014

2015

2016

2017

2018

2019

2020

Launches the Capital  
Campaign to build a Chapel,  
Family Behavioral Health and  
Administration Center and  
The Jodi McQueen Therapeutic  
Music and Arts Centers.

Expansion into Fairfax County with a new  
Behavioral Health Office and Therapeutic  
Day Treatment in FCPS.  
Newly licensed as a Child Placing Agency  
offering Treatment Foster Care Services.

Launched new Intensive  
Outpatient Substance Abuse  
Treatment Program  
for adolescents

Opened new Behavioral  
Health Services Lansdowne  
office in Loudoun County in  
August 2018.

Opened 6th Regional  
Office in Fauquier  
June 2019  
Opened new Behavioral Health  
Services office in Haymarket  
December 2019.

Added Outpatient Substance Abuse  
Treatment in Warrenton office,  
July 2020.

*\*Many outpatient services can be covered by Medicaid or private insurance.*

# Thanks for Giving!

---

Youth For Tomorrow relies on grants from private and public foundations to support our programs and the needs of the children and families we serve in the community. Their contributions help keep our mission going strong, especially amid the COVID-19 pandemic.

## A Special Thanks to:

**Potomac Health Foundation** for supporting YFT's Behavioral Health Services in Prince William Co.

**Strada Education Network**, whose grant financially supports YFT residents in continuing their education, providing scholarships and our aftercare program services once they leave YFT.

**PATH Foundation** financially supported YFT's growing behavioral health and counseling programs serving children and adults in Fauquier Co.

**Virginia Health Care Foundation** provided funding for therapists in YFT's Fauquier Co. Regional Office.

**M&T Bank Foundation** for supporting YFT programs through event sponsorships.

**Sentara Foundation** for their support for the Prince William Co. Behavioral Health Services program.

**The Templeton Foundation** for their Capital Campaign contribution towards building the Family Behavioral Health Center on the YFT campus.

**NCB, National Cooperative Bank** provided funding for the YFT Education program.

**Dominion Energy** provided funding toward the construction of an obstacle course on the YFT campus.

**Dimick Foundation** for their Capital Campaign contribution towards building the Family Behavioral Health Center on campus and funding to support YFT programs.

**The Ironman Foundation** for supporting Behavioral Health Services.

**The Community Foundation for Northern Virginia** for funding to support YFT and our programs.

**SkillSource Group Inc.** for its grant to help purchase the software to provide online counseling services.

**Fairfax Consolidated Community Funding Pool** for providing funding to help support Behavioral Health Services for the disadvantaged/underserved population in Fairfax Co.

**Crescent Cities Charities** for supporting YFT programs through event sponsorships.

**Wise Foundation** provided funding to help support the Fauquier Co. Regional Office.

**NOVEC Helps** provided funding towards the construction of an obstacle course on the YFT campus.

## Public Funding Provided through the CARES Act

**VDEM/FEMA** provided funding to reimburse expenses due to the pandemic in the Covid-19 Response grant.

**HHS General Distribution for Medicaid Providers** provided funding to support Behavioral Health Services.

**Prince William Disaster Fund** provided funding to assist YFT to expand our ability to provide sliding-scale fees for mental health counseling services for the underserved population in Prince William Co. during the pandemic.

**Fairfax Co. Nonprofit Stability**, whose grant has allowed YFT to continue providing Behavioral Health Services without missing a beat during this time of COVID-19.

**PWC Capital Investment and Innovation Grant** provided funding to upgrade the HVAC units on the YFT's main campus by adding disinfection filtration for COVID control.



## Providing a Pathway

---



*"Improving access to college and helping students complete their education remain worthy goals. Strada's mission is to go a step further, ensuring that Americans gain the workplace skills they need to launch meaningful careers."*

–William D. Hansen, YFT Trustee

Youth For Tomorrow is grateful to **Strada Education Network** for supporting YFT with a \$200,000 grant. The Strada Education Career Pathway Project at Youth For Tomorrow supports YFT's Education and Aftercare Programs with an enhanced secondary school curriculum which includes career and technical classes

and an expanded vocational education program in partnership with local colleges and employers. In addition, the funding provides assistance with post-secondary scholarships for graduates, aftercare and the mentoring program.



## Overcoming Obstacles!

Members of **Leadership Prince William Class of 2020** chose Youth For Tomorrow for their class project last year – to provide an outdoor obstacle course and sensory rooms in the residences on the YFT campus. The project's goal: promote physical and mental health as well as a therapeutic way for at-risk youth to learn and practice productive coping strategies when experiencing the stress, anxiety and anger

that often accompany healing from trauma and experiencing boundaries for the first time.

Although the project had to be postponed because of the pandemic, the Class of 2020 has remained committed to the project and has raised \$25,000 to fund it. Dominion Energy and NOVEC each provided \$5,000 grants for the project.

# Securing YFT's Future – Planned Giving

## The Legacy Society of



### **To Ensure and Sustain the Youth For Tomorrow Mission**

*To build and to serve are noble and worthy accomplishments of our past history and certainly the goals of our future. The remaining responsibility we all share is to ensure what has been created, nurtured, cultivated and accredited remains the sustainable and viable for generations to come. In addition to maintaining our quality of services and our sound foundation of fiscal management, we must develop the sustainability of our corporate entity. A key component of this plan is to build an endowment to "ensure the legacy" of Youth For Tomorrow lives on for generations. –Dr. Gary L. Jones, CEO*

The Board of Trustees established **The Legacy Society of Youth For Tomorrow** and is to encourage sustaining relationships with its donors. There are several members of our prestigious Board of Trustees, including Joe and Pat Gibbs, who have made bequests to YFT in their estate plans.

Please consider including Youth For Tomorrow in your Will and Estate planning and join **The Legacy Society of Youth For Tomorrow**.

### Some Members of the Legacy Society

Taylor and Charlotte Chess  
Bruce and Kathi Eberle  
Joe and Pat Gibbs  
Gary and Barbara Jones

Geraldine Lanier  
Ron and Trice Lara  
Barbara and Warren Lewis  
Richard and Vickie Norman

Jon and Anne Peterson  
Larry and Holly Rosenthal  
Wayne and Linda Sheets

## Endowment—A Permanent Legacy

An estate or planned giving gift to the Youth For Tomorrow Foundation's Legacy Society Endowment is a gift that grows and gives – forever! Your entire gift principal is placed in a permanent investment fund (endowment) and never spent. A portion of its annual investment earnings may be utilized to support YFT's programs and operations. The remaining earnings are re-invested, thus growing the original gift's principal and its annual funding. The cumulative benefits of this process ensures YFT a reliable source of income – in perpetuity.



*Won't you become a member of the YFT Legacy Society?  
Please call Gary Jones at 703/396-7202 to join!!*



# Securing YFT's Future – Planned Giving

## Good Giving Webinars

Youth For Tomorrow Trustee and Wealth Advisor Larry Rosenthal is volunteering his time and expertise to help others in the YFT community learn techniques for charitable giving and how to save on income and estate taxes through a monthly educational webinar series called "Good Giving." A highly regarded financial advisor, he is Founder of Rosenthal Wealth Management and hosts the popular radio show "Making Money Sense," Saturday mornings at 9 a.m. on 105.1 FM WAVA.

Larry will donate his time to work with you and your Financial Advisor.

If you are interested to learn more or to participate in the YFT Good Giving educational webinars, please contact Love Jones, VP for Development and Public Relations at [LJones@yftva.com](mailto:LJones@yftva.com) or (703) 396-8415.



Larry Rosenthal, CFP®, ChFC, RFC, LUTCF

## THANK YOU TO OUR DONORS

With your generous support in 2020 we were able to continue to support the children and families who need us most, those who are homeless and abused children in crisis, in need of help, need to be loved and cared for, and to save them from a life of hopelessness and despair.

Every child's story of success, and the redirection of their lives is attributed to YOU, our faithful and generous donors. Our most heartfelt appreciation to you for being a part of such a legacy and truly making a difference in the lives of so many children.

### Gifts of \$100,000 and Above

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## Our Inspiration...

*Whatsoever you do for the least of mine,  
brothers and sisters, you do for me...*

Matthew 25:40

## Our Strength...

*Believe His Word . . . . . Trust His Grace*

John 17:17

2 Corinthians 12:9

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