

Youth For Tomorrow

Joe Gibbs Founder

New Life Center, Manassas, Virginia

*Joe Gibbs, Chairman
Dr. Gary L. Jones, CEO
Susan LaPierre, President Board of Trustees*

The YFT Chapel Construction is Underway!

The Peterson Family Chapel



A Message from the CEO



We live in a turbulent time. Opinions clash and violence spews out everywhere. The world often seems to be a dangerous and uncertain place. At times, it appears as though there is nothing but negativity and rancor around us.

In all of this, our children suffer. We can't afford to focus on negativity at Youth For Tomorrow. The children who come to us have already been exposed to too much turmoil and often they have been the victims of abuse – emotional, physical or sexual.

Whether in our residential program, where last year we served 847 children, in our four satellite offices featuring behavioral health interventions, or in the 32 public schools where we provide crisis counselors and therapeutic day treatment services, we cannot afford to be driven by opinions or emotions. We have to be the calm safe harbor where our children can find the help they desperately need.

The work of providing behavioral health services is not easy. Yet, Youth For Tomorrow served more than 8,000 children, adolescents, veterans and families last year, and our success and client satisfaction rates are extremely high.

Just as our children have been challenged, they challenge us. Our certified teachers, licensed clinicians, experienced case managers and spiritually grounded counselors are highly skilled and well-trained. There can be no absence of objectivity in discerning what is the most appropriate evaluation and treatment for a child – regardless of our personal feelings for the child or the client. The complex cerebral matter within the brains of our defiant, depressed and volatile children (i.e. clients) coupled with their emotional and psychological

impediments resulting from physical, substance or sexual abuse keep us:

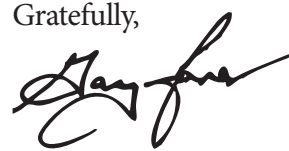
- humble,
- alert to expect the unexpected,
- forgiving of transgressions against us – intentional or unintentional,
- acknowledging we are in a life-long learning profession
- accepting that it is our faith in the Lord's Wisdom and Grace that guides our every decision.

The world we offer them must not be turbulent. Here is where we try to put things right, to bring order and healing out of the chaos that drives children to us.

Youth For Tomorrow is fortunate to have a distinguished legacy of private philanthropy. As donors to YFT, you are the “quintessential silent partners” – the steady, compassionate hand that helps sustain us in all that we do.

We are blessed, and we thank you.

Gratefully,



GLJ



The YFT Chapel is Under Construction

The Peterson Family Chapel

We are deeply grateful to the Peterson Family and their generous \$1.5M gift towards building the Chapel. The construction of the Peterson Family Chapel on the YFT campus is over half way completed with the dedication anticipated this fall. Construction began last October on the 7,995 sq. ft. Chapel, which includes a 360 - seat sanctuary. The Chapel will provide a place for worship, celebrations, pastoral counseling and activities, Bible studies, music and more for the residents, staff, and YFT families, while also serving spiritual outreach to our community.

The Peterson Family has been involved with Coach Gibbs' vision for YFT from the beginning. Milt Peterson was one of the business leaders who Coach Gibbs assembled in 1983 to join him in making a commitment to help save the lives of children by creating a safe haven where the residential, educational, and spiritual needs of at-risk children would be met through Godly principles. His son, Jon, has continued the Peterson family's dedication to YFT as a member of YFT's Board of Trustees and Executive Committee for 20 years and has chaired the YFT Golf Classic for the past 15 years.

About his long-time friend, Coach Gibbs said, "Beginning with Milt's support from our very first fundraiser in 1983,

to his son Jon's talented and skillful leadership on our Board of Trustees the last 20 years, including two terms as President, the Peterson family has played an essential role in our founding as a small Christian group home for boys to the development of what Youth For Tomorrow is today!"

Another long-time friend of Coach Gibbs and Youth For Tomorrow, Mr. Bob Wiser, YFT Philanthropist contributed a very generous \$900K gift to building the Chapel.

One of the great "builders" of all time was the Biblical Prophet, Nehemiah, who re-built the walls around Jerusalem. It is in his name that we will honor all donors to the Chapel whose names will appear on the ***Nehemiah Wall of Faithful Builders*** in the Chapel.

If you wish to provide a gift to Youth For Tomorrow for the Chapel or the Pastoral Activity Fund, please contact Love D. Jones, Vice President for Community Relations and Development at 703/396-8415 or Pastor Denny Glusko at 703/396-7057 or you can mail your contribution to the Development Office at YFT.

Youth For Tomorrow Announces Hannah Kerr as 1st Ambassador for Jodi McQueen Therapeutic Music & Arts Center and “YFT Heart Beats” Campaign



Nashville, Tennessee (April 19, 2017) - The debut album from Black River Christian singer/songwriter **Hannah Kerr**, *Overflow*, is now available.

“I’m so excited for the release of *Overflow*!” exclaims Kerr. “This album is a product of the last three years of my life and the way God has moved and shaped me through them. I’m praying that the truth and love that He’s poured into me will overflow into the hearts of all who listen, and that lives will be impacted for the better.” Mark Hall of Casting Crowns adds his thoughts by saying, “Hannah Kerr is a fresh new voice for this generation. You can hear her love for Jesus and people in every song.”

Another important announcement was made today, with Kerr being named the 1st Ambassador Spokesperson for Youth For Tomorrow’s new awareness and fundraising campaign, “YFT HeartBeats,” promoting the importance and impact of music and arts therapy.

The campaign that includes Kerr’s efforts while on tour, through PSA’s and use of social media, will also inspire

like-minded organizations and individuals to unite in the development of the Jodi McQueen Therapeutic Music & Arts Center to be built on the YFT campus. The Center will feature a broad range of creative and collaborative experiences through quality expressive arts therapies and creative arts education including disciplines of music, dance, theater, and the visual and literary arts. Physical areas within The Center will include music and art classrooms; a graphic arts room; art, music and dance studios, a group rehearsal studio; a recording studio; exhibit halls and an auditorium with a performing stage.

“I feel so passionate about the work that Youth For Tomorrow is doing in the lives of young people, and I’m honored to be the first Ambassador for this incredible organization,” says Kerr. “Youth For Tomorrow provides a place of growth, hope, and healing to teenagers who feel like they have nowhere to turn. I’m excited to be a part of reminding the young people who come to YFT that they are loved dearly by the Creator and that He has plans to give them hope as a future.”



28TH ANNUAL

BURGUNDY & GOLD

BANQUET
MAY 10, 2017

The Ritz Carlton – Tysons Corner

Featured Guest Speaker

Michael Strahan



Host

JOE GIBBS

Founder and Chairman,
Youth For Tomorrow



Chair

TAYLOR CHESS

President of Development
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Residents at YFT Benefit from Equine Therapy at Rainbow Riding Center



Rainbow Riding Center offers Equine Assisted Learning (EAL) which utilizes horses as a part of the treatment plan and therapy for a few YFT residents. EAL addresses the student's educational needs and re-engages students in the educational process and environment. Children with ADHD/ADD, Anxiety, Auditory/Sensory Processing Disorders and Emotional, Social and Learning disabilities, ODD and other impairments, as well as those at risk of dropping out can also greatly benefit from EAL therapy. Students progress in equestrian skills by improving their physical, cognitive, emotional, social and behavioral skills. The student's program is developed and the PATH Instructor and the YFT Treatment Team work together to set measurable goals and objectives.

Rainbow Therapeutic Riding Center

Mary Vardi - Program Manager and PATH Instructor

At Rainbow Riding Center the air is clean but there is a certain smell -- it is the very special smell of horses: Horses big and small. Horses of all colors and breeds. Our horses have different personalities but they all want to please. The sensitive nature of the horse helps our certified PATH Intl. (Professional Association of Therapeutic Horsemanship, International) instructors achieve specific goals for each of our riders.

We choose our horses very carefully. They need to be well trained when they come to us and be willing to accept the toys and equipment we use in our lessons. They need to move well in order to help build core strength and balance for our participants. A big part of our programs is working from the ground with our horses. Caring for the horse teaches responsibility and we have activities where we build leadership skills by working the horses in a small pen without any equipment, simply using body position and energy to communicate with the horse.

Riding the horse is a process that teaches skills to be able to ask the horse to stop and to go, turn left and right, to go faster and go slower. Our riders often feel powerless in this confusing world we live in, but learning to tell a 1,000 pound animal what to do and when to do it, in a way the horse understands, is very empowering for the child.

Anger and frustration are feelings that we all have but part of our work with horses is learning to control those feelings. A horse will not approach an angry person, so consciously taking a breath, relaxing the body muscles and inviting the horse to come to us are skills that can be used in all areas of our life.

Rainbow is about the relationships we build and the people we may become. The horse is the conduit that can lead us on a path of self-discovery and feeling better about ourselves. Look into the large, expressive eye of your horse. What do you see?



Angela Brown – College Bound to Hollins University



I came to YFT in the Fall of 2016 after leaving another placement but not ready to return home. However, this was not my first encounter with YFT, as I was a patient of their

outpatient therapy services in the past.

At first I did not want to be at YFT, but I soon realized this was the best place for me and that I should take full advantage of the services offered. I buckled down and focused on my education.

With YFT's help I was able to complete high school a few months early. I decided to apply and was accepted to four universities; George Mason University, Hollins University, The University of Mary Washington, and Virginia Commonwealth University. After much deliberation and wise counsel from my YFT family I have decided to attend Hollins University this fall! I received a Hollis Recognition Award for my "academic record and potential for future achievement", \$26,000 per year for four years, and with the help from YFT and the scholarship program, my future is bright!

I would like to thank everyone who played a part in my success; especially the teachers and staff of YFT and most of all my therapist, Ms. Smiley, who continue to encourage me when I felt completely hopeless.

Women Giving Back

Every month 25 – 35 of our girls are given the opportunity to go "shopping" at the Women Giving Back Clothes Closet located in Sterling, VA. Our girls "shop" for clothing, coats, purses and jewelry, and may choose up to 25 items. Women volunteer their time and "fashion advice" working with our girls making selections at the "store".

We are so grateful for the many blessings provided for our girls -- to the many who serve with Women Giving Back, HomeAid of Northern VA and a special thank you to Cecilia Hodges with M&T Bank, who serves on the WGB Board and our YFT Foundation Board of Directors.

10 Years of
WGB
Women Giving Back



Kids Grow Better in Families



Youth For Tomorrow is seeking adults who wish to make a difference in the lives of children in crisis, and who are in need of a stable and caring home environment. We are looking for Foster Care Parents from all backgrounds who have a place in their home and in their hearts for children.

Youth For Tomorrow's Treatment Foster Care (TFC) program is designed to integrate the structure and services of a residential treatment facility with a less restrictive community-based home setting.

Treatment Foster Care provides a foster family-based intervention that is structured, nurturing, individualized, and therapeutic to children with emotional, social, mental and behavioral challenges. TFC offers a less restrictive environment than in residential care. Core components of TFC includes, specialized training and 24 hour support for foster parents, treatment services and supervision for youth by foster parents, and agency caseworkers who serve as consultants and service coordinators.

Youth For Tomorrow has worked successfully with children exhibiting a range of negative and self-defeating behaviors who have experiencing abuse, neglect and/or family dysfunction. All of our kids need a structured environment while we work collectively to help them return home.

When home is no longer possible, we work on placing the child in an alternate environment within which he or she feels safe to explore growing up.

Youth For Tomorrow is licensed by Virginia Department of Social Services and Virginia Department of Behavioral Health and Developmental Services to work with children ages 0-17.

Frequently Asked Questions & Answers for Foster Parents

What is the average length of stay for a child?

The length of stay varies dependent upon the needs of the youth. Youth for Tomorrow offers a wide range of services and works collaboratively in a team to help the youth with the goals of placement.

What type of behavioral problems will the children have?

The type of behaviors exhibited are dependent upon the history of the youth. Most youth have been through traumatic experiences and abusive situations. These youth are less likely to trust, may have displaced anger, and often feel isolated and abandoned.

What ages are the children?

Ages range from birth to 21. However, the greatest need is placement for ages 10 to 17

Can we specify what type of child we want?

Yes. During the certification process, as treatment foster parents you will be asked questions regarding what behaviors, age group, and gender you would be willing to work with. You will be able to review background information on children presented for your home in order to allow you to make a decision. The child can do pre-placement visits with during the daytime, overnight or out in the community to see how the child gets along with you and your family before you make a decision.

What kind of space and sleeping areas are required?

There must be space for sleeping, privacy, and studying. A foster child must have their own bed and only same sex children may share a room.

How much time is involved?

Treatment foster parenting requires the same time commitment that parenting any special needs child requires. Treatment Foster Care children need to have structured days. There are regular trips to the doctor, school conferences, meetings with a therapist, visitation with biological family, and home visits with Youth for Tomorrow staff. Initially, there are 30 hours of pre-service training for foster parents to become certified. After certification there are ongoing annual trainings offered to foster parents.



What types of support do you provide?

Youth For Tomorrow provides foster parents with 24-hour support. Treatment foster care parents are given specific methods of training to help manage aggressive behavior and information to assist with a particular child. Depending on the specific needs of the treatment parents, there will be additional monthly training sessions.

What is the monthly stipend that is provided to foster parents?

The monthly amount provided to foster parents is determined by the age and needs of the child. The payment is used for room and board, personal care, clothing and spending money for the child. This payment is tax-free income.

Who can become a Treatment Foster Care Parent?

- Must be at least 21 years of age
- Possess a valid driver's license
- Child Protective Services and Criminal History clearance
- Own a registered and insured vehicle
- Have financial stability
- Have an adequate bedroom for a child
- Learn to work with children who have emotional and/or behavioral challenges
- If you are married, your spouse must participate in Treatment Foster Care

Benefits and Training for YFT Treatment Foster Care Parents

- 30 hours of free pre-service training
- Monthly in-service training
- One-on-one training in your home once a child is placed
- Respite Care services
- 24-hour support services for emergencies
- Networking opportunities with other treatment foster care parents
- Monthly stipend
- Referral fees for recruiting other treatment foster care parents who become certified

**For more information visit us at
YouthForTomorrow.org or call
(703) 425-9200, Ask to speak to the
Foster Care Family Coordinator.**



Heart 2 Heart

Racheal Shares Her Journey to YFT



Good evening ladies and gentlemen! I am Racheal and I am sixteen years old from Woodbridge Virginia.

Until I came to Youth For Tomorrow, my life was one of daily survival. Never expecting anything good to happen to me – only neglect, abuse and loneliness – almost every day and night.

My father left my mom when I was a year and a half -- I have never seen him since. Mom and I struggled – for everything. But the worst things were my Mom’s “friends”.

My mother got involved in some very abusive relationships. I vividly remember guys would come to see her and physically beat her. Each time, I would run and hide because I thought I would be next – there were times I was.

Eventually, my mom married a man. They had four kids together. I was bi-racial -- he was Caucasian and for years called me the “N” word. My mother never stood up for me ----- and I felt confused and hurt. Their relationship eventually ended.

As I entered my teenage years, my hurt grew into anger. I began staying out late, drinking, using drugs, and becoming sexually active because of the attention I was getting. I thought, “WOW, someone really cares for me”. Not true, of course. People used me for what I was – a lonely girl – not for who I was – a young girl who was looking for a safe and secure home. That’s all I wanted. Seems so basic – so simple – doesn’t it. It wasn’t meant to be – until I arrived at YFT.

I began to frequently get into trouble with the law and hanging out with people -- the wrong people.

When I was 14, I met an adult man who was initially very kind to me. I thought this is how a girl should be treated. Well, things evolved and changed. We became sexually involved, then he began to hit me, called me the “B” word, a whore, and I felt so used and taken advantage of.

I finally got to the place when I wanted this pain to end. I knew that this relationship was wrong, but I was so scared of how to leave. He was dangerous and violent -- a gang member. I experienced it firsthand. He repeatedly told me that he would kill my family if I ever turned on him. I wanted to be rescued, I wanted help.

Heart 2 Heart

Racheal Shares Her Journey to YFT

Eventually, he was reported to Child Protective Services (CPS) who placed me into foster care. My Social Worker then decided I needed to go somewhere else. It was a Monday afternoon, a year ago, that I arrived at Youth For Tomorrow.

This journey at YFT was at first difficult – there were rules to live by, school to attend, make my bed, wash my clothes, clean my room, no smoking, no alcohol, no personal relations with boys.

On the other hand, I learned that there are actually adults who really care about me. I can now enjoy the simple things in life that I will never take for granted -- a warm house, three meals a day, actually enjoy healthy friendships with other residents and receive counseling to help me learn to cope from the abuses and neglect I endured. I have wonderful teachers – proud to tell you I have a 3.49 GPA -- loving houseparents and an excellent therapist.

Because of YFT, I have been able to confront the hurt and anger towards my mom, and been able to build a

relationship with her that I did not know could exist.

YFT gave me a sense of peace like I have not experienced before. It has become my first real home.

I have heard Dr. Jones in meetings at YFT say that “YFT serves the children God directs our way.”

Well, here I am God, right where you wanted me. Thank you for leading me to a place where Hope, Restoration, Healing and Love are present every day. God, you have been a part of my life these past 12 months – and will be for the remainder of my life.

I do not know any of you here tonight but, if you have played a role in providing me a safe place at Youth For Tomorrow, I want to say --- Thank You!

Thank you so much for listening and I hope you have a nice evening.

Books Donated for YFT Residents to Enjoy

Kate Sinkins and her 2 children, Connor and Grace, gathered over 500 books for young teen readers for YFT. They reached out to their neighbors and friends at Our Lady Queen of Peace Church in Arlington to gather books for their “book drive” and delivered them to YFT for our boys and girls to enjoy “recreational” reading in class and in their homes. YFT Principal, Veronica Myers, assembled the books for a “book fair” which our boys and girls eagerly selected titles, which many were Children’s Classics!





Country Music Legend, Alan Jackson, was the featured entertainer for the evening and performed a spectacular show. The crowd was on their feet dancing and singing all evening.

HEART²HEART

YOUTH for TOMORROW



The crowd did not want the night to end with Alan Jackson.



John Nicholls of Nicholls Auction and Marketing Group lead the audience during an energetic and spirited Live Auction.



YFT Trustee President, Susan LaPierre, comforts Rachael as she recounts her traumatic life before YFT.



YFT Trustee, Cecil Pruitt, surprises everyone, especially Coach Joe Gibbs and Dr. Gary Jones with an announcement of a \$1,000,000 contribution to YFT. Thank you so much, Mr. Pruitt!!



YFT Trustee and the "Voice of the Washington Redskins", Larry Michael, served as the Master of Ceremonies for the evening.



Susan LaPierre, President, YFT Board of Trustees and Co-Chair for the Heart 2 Heart Gala provided eloquent remarks, and introduced Racheal, the YFT resident who shared her traumatic history.



Nader Tavangar enjoyed dancing the night away with his Valentine, Natalia Arbaleez!



Redskins Executive Vice President, Terry Bateman, Sr. Vice President, Larry Michael, Vice President, Rod Nenner, YFT Trustee, Jon Peterson



Coach Joe Gibbs with Christian Music Artist Hannah Kerr, who performed three of her original songs for our 900 guests at the Heart 2 Heart Gala.



Taya Kyle, Founder of the Chris Kyle Frog Foundation, was named the recipient of the "In a Heart Beat" Award which is presented annually at the Heart 2 Heart Gala by Dr. Gary L. Jones, YFT CEO.



Raffi Williams presenting a bouquet of "I Love You" balloon to his girlfriend, Morgan Chalfant.



YFT Trustee, Jim Giddings of Lustine Toyota is reaching into the raffle cage to pull out the winning Sweetheart Benefit Raffle ticket.



The charming Heart 2 Heart Gala Co-Chair Cynthia Atwater, welcoming and thanking the event sponsors for their generous hearts and supporting the boys and girls at Youth For Tomorrow.



And the winner is..... YFT Trustees, Jim Giddings, Larry Michael, Joe Gibbs and Richard Norman trying to read the name of the Grand Prize Winner of the 2017 Toyota Tundra Truck – Ron Devine.





YOUTH FOR TOMORROW
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21st Annual Golf Tournament **Tuesday, June 13, 2017**

Westfields Golf Club
Clifton, Virginia
11:00 a.m. Shotgun

Chairman: Jon M. Peterson

Host: Joe Gibbs

Food Sponsors: Barn Door Barbecue
Lunch



SPONSORSHIP LEVELS:

\$25,000	Tournament Title Sponsor
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\$10,000	Eagle Sponsor
\$ 5,000	Birdie Sponsor
\$ 3,500	Par Sponsor
Other sponsorships also available	

Youth For Tomorrow was founded by Joe Gibbs in 1986. Firm in his belief that area teenage boys and girls could benefit from a residential program combining character development, quality education, personal faith and life skills with the help of hundreds of private donors, organizations and corporations, Coach Gibbs developed the 205 acre Youth For Tomorrow campus near Manassas, Virginia.

Youth For Tomorrow (YFT) is a 501 (c) (3) non-profit tax-exempt organization as determined by the Internal Revenue Code. YFT is registered with the Commonwealth of Virginia. A financial statement is available from the State Division of Consumer Affairs, Richmond, VA. A portion of each donation is deductible for Federal Tax Purposes.

www.YouthForTomorrow.org

Youth For Tomorrow was founded in 1986 by Joe Gibbs and other community leaders.

MISSION STATEMENT

The mission of Youth For Tomorrow is to provide children and families with the opportunity to focus their lives and develop the confidence, skills, intellectual ability, spiritual insight and moral integrity, based on Godly principles, resulting in positive changes to the benefit of the child, the family, the community, and the nation.

YOUTH FOR TOMORROW

BOARD OF TRUSTEES:

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Ron Devine, Vice President

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Dr. Gary L. Jones, CEO

For more information, please write to:

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www.youthfortomorrow.org

CFC #98682

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Youth For Tomorrow is a 501(c)(3) nonprofit tax-exempt organization as determined by the Internal Revenue Code. YFT is registered with the Commonwealth of Virginia. A financial statement is available from the State Division of Consumer Affairs, Richmond, VA.

Joe Gibbs

Youth for Tomorrow

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Save the Date!

28th Annual Burgundy & Gold
Wednesday • May 10, 2017

21st Annual Golf Tournament
Tuesday • June 13, 2017

32nd Annual Country Fair & Auctions
Saturday • October 7, 2017



All funds raised for the Lifesavers Campaign will go directly to "Fund for the Unfunded" creating scholarships to Youth For Tomorrow so that young people can get the help they need.